

## Yverdon-les-Bains

The town of **Yverdon-les-Bains** is situated at the heart of the French-speaking area of Switzerland, and at the crossroads of the main communication routes. This enables the visitor to reach the town quite easily from the major airports.

Yverdon-les-Bains is the capital of Spa therapy for the French speaking area of Switzerland virtues. For fifteen centuries Yverdon has been reputed as a centre of well-being, to which the Roman vestiges and thermal baths bear witness. The refurbished Spa Hotel offers a wide range of treatments and well-being.



This town of art and history, possesses a rich heritage testifying of a past of more than 6000 years: the prehistoric site of "Clendy", the ruins of the Roman city and the Savoyard Castle dating from the 13th Century, the Protestant Church and the Town Hall dating from the 18th Century are outstanding examples. The rich collections of its museums (the museum of Yverdon-les-Bains, of fashion and the museum: "La Maison d'Ailleurs (The House from Elsewhere) ) as well as the Pestalozzi Documentation and Research Centre offer a trip through local history, fashion, science-fiction and dream.

The Pro-Natura centre of Champ-Pittet, situated on the edge of the nature reserve of the "Grande Cariçaie", offers the possibility to discover the flora and fauna of Switzerland's largest marsh with its ornithological observatory, its nature paths and its temporary exhibitions.

Our town will be pleased to welcome you with its hotels of all categories, its congress hall "La Marive" and its excellent restaurants for the fine gourmet.



## Thermal Spa

The thermal spa centre of Yverdon-les Bains is a veritable oasis of well-being and a well-known hydrotherapy centre. Its three thermal pools, one of which is outdoors, its beauty, relaxation, fitness and health areas, make the recently refurbished 4-star "Grand Hôtel des Bains" all the more attractive and unique for your stay.

## Arkina (mineral water)

The mineral spring of "La Prairie" has been exploited since 1907. At that time the water was exclusively used for mineral and medical purposes.

The Arkina Company was founded in 1921 by an Armenian visitor Puzant Masraff.

He baptised the town with the name of a town in his home country.

At the time, the company ran "Le Grand Hotel des Bains", the the spa centre as well as the bottling and distribution of Arkina mineral water.

Today, the company is part of the Felschlossen Group in Rheinfelden.

## The Lake

The lake stretches out in a majestic way and is the starting point of our marathon adventure...

